The World of Kythera Trails
“Kythera is one of the last untouched islands of the Mediterranean Sea”
“At the crossroads of three seas, between mainland Greece and Crete, Kythera is a hidden island jewel”
“...an unspoilt wonder, away from the masses”
“just pure bliss - no sweating crowds, no chain stores, no cruise ships”
“Kythera is a unique mélange of influences as the gateway between eastern & central Mediterranean”
“an immersive experience, hiking through diverse landscapes”
“an island of living traditions”
“eat honest local food”

“savour the real Mediterranean culinary culture”
“By hiking on Kythera, you support heritage conservation, small businesses and the local community protecting the island”
Kythera Trails is the official trail network of Kythera Island. It is a programme run by the following 4 organizations:
Our Mission

“is to develop an integrated model of sustainable tourism on Kythera and Antikythera islands that will

→ provide meaningful experiences to visitors & residents
→ contribute to the prosperity of the local community
→ enhance the islands’ natural & cultural heritage.”
“our programme applies an innovative & collaborative approach, integrating culture and nature”
“Trail design and implementation of high technical expertise, based on the old traditional trails of Kythera”
“We carry out an ethnographic study to save local knowledge for storytelling along the trails”
“Two first Trails in Europe certified with the Green Flag for Sustainable Management”
“The first Via Ferrata in a small Greek island”

“follow the ‘iron trail’, a combination of canyoning, climbing & hiking, to experience safely the hidden world of Kakia Lagada gorge”
“our local community is supporting and celebrating trails & hiking, on the footsteps of their ancestors”
How can you reach Kythera?

By plane
30 minutes from Athens (daily, depending on season)

By ferry
7 hours from Piraeus (Athens)
1 hour from Neapoli (daily)
3 hours from Gythio (Peloponnese)
4 hours from Kissamos (Crete)
1.5 hours from Antikythera Island
“combine your visit to Kythera with your adventures in southern Peloponnese or western Crete – yet Kythera can be your standalone multiday destination with so many unique areas to discover”
11 Trails of 100 km in total
1 Via Ferrata
278 km² is the size of Kythera, boasting:
65 villages
60+ beaches
Countless places of interest & secret spots
When to hike on Kythera?

“All year round, yet Spring & Autumn are the ideal seasons”
Trail M41 [4.7 km, 2h30’]
‘The Valley of the Watermills’
Trail M49 ‘The Valley of the Watermills’

“An open air museum of culture & nature with 23 watermills, waterfalls and a medieval fort. Probably Kythera’s most iconic village square with the big plane tree and the local kafenio for food & drinks”
Trails M31 & M44
[9.1 km, 4h30’ & 8.8km, 3h45’]
‘Medieval Kythera’

“Conquer the medieval capital of Kythera. Walk through authentic villages, protected for their architecture”
Trails M31 & M44
‘Medieval Kythera’
Trails M49 & M49A
[11.5 km, 5h30’ & 2.7 km, 1h30’]
Kythera North
‘Nature In Contrast’
Trails M49 & M49A
Kythera North
‘Nature In Contrast’
Trails M49 & M49A
Kythera North
‘Nature In Contrast’

“From the lush green valley of Karavas.... “
Trails M49 & M49A
Kythera North
‘Nature In Contrast’

“... to the dry seascapes of Moudari, where one of the most iconic lighthouses of Greece stands”
Trails M37, M38 & M39
Kythera East

M37 [9.2 km, 4h30’]
M38 [15.6 km, 7h30’]
M39 [2.6 km, 1h]

“Amazing possibilities for multiple hikes”
Hike Trail M38
‘Enduring Pilgrimage’

“Kythera’s longest trail, connecting places of worship spanning 4000 years”
Trails M37, M38 & M39
Kythera East
Kythera South

M1 [5 km, 2h15’]
M4 [5.3 km, 1h54’]
M11 [8.6 km, 4h]
M11A [1.3 km, 30’]
M11B [2.8 km, 1h]
M12 [4.1 km, 2h]

“Multiple route combinations around Kythera’s capital, Chora, and seaside Kapsali, inviting you to reveal their secrets”
Trails M1 & M4

“Explore the alleyways of Chora, a protected settlement for its traditional architecture”
Trails M11 & M12

“Breathtaking views to the southern shores”
“Welcome to the world of Kythera Trails

HIKE.EXPLORE.EXPERIENCE

KYTHERA TRAILS

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